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Menu Info	Name : May 2022 K-5 Pizza Every Other Fridays Menu				Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads					
	Monday, May 2, 2022		Tuesday, May 3, 2022		Wednesday, May 4, 2022		Thursday, May 5, 2022		Friday, May 6, 2022	
Week VI	Premium Chicken Nuggets		Build Your Own Cheesy Nachos		Cheeseburger		Chicken Enchilada Rice Bowl		Fresh Hot Delivered Pizza	
Hot Meal	Ketchup Cool Ranch Doritos & Baby Carrots Fresh Pears Choice Milk		Warm Cheddar Cheese Sauce, Seasoned Beef w/ Tortilla Chips, Sour Cream & Cilantro Mixed Salad Greens w/Dressing Banana & Choice Milk		Fresh Bakery Bun, Ketchup & Pickles Creamy Coleslaw Peaches Cup & Elf Grahams Choice Milk		Brown Rice w/ Seasoned Chicken Shred Chz, Lettuce & CKC Boom Sauce Seasoned Black Beans Mixed Berry Cup & Choice Milk		Corntastic Salad Crisp Varietal Apple Choice Milk	
Hot Veg	Pizza Crunchers & Italian Dip		Veggie TexMex Wrap		Garden Cheeseburger		Cheese Quesadilla		Fresh Hot Cheese Pizza	
Cold	Turkey Bun w/ Mayo		Grilled BBQ Chicken Bun		Turkey & Cheddar Chz Wrap w/ Mayo		Asian Chicken Sticky Bun		Teriyaki Chicken Bun	
	Monday, May 9, 2022		Tuesday, May 10, 2022		Wednesday, May 11, 2022		Thursday, May 12, 2022		Friday, May 13, 2022	
Week I	Louisiana Chicken Sandwich		All Beef Hot Dog		Chicken Biryani w/Yogurt Sauce		Burrito Bowl		Sweet & Sour Chicken	
Hot Meal	WG Bun, Pickle Rounds w/ CKC New Orleans Sauce & Sun Chips Corntastic Salad, Carrot Slims Fresh Pears & Choice Milk		WG Bun, Ketchup & Mustard Cool Ranch Doritos Grape Tomatoes Banana & Choice Milk		Crisp Mixed Greens Salad & Dressing Crisp Varietal Apple Cinnamon Goldfish Choice Milk		Brown Rice topped w/Seasoned Beef Shred Chz, Lettuce & Youza Sauce Chilled Black Beans Peaches Cup & Choice Milk		Steamed Seasoned Brown Rice Sliced Cucumbers w/Ranch Fresh Citrus Fruit Choice Milk	
Hot Veg	Louisiana Veggie Burger		Grilled Cheese Sandwich		Twisted Cheese Breadsticks		Cheese Quesadilla		Sweet & Sour Veggie Nuggets Bowl	
Cold	Turkey Bun		Honey Mustard Chicken on WG Bun		Chicken Caesar Wrap		Chicken & Cheese Torta Sandwich		Banh Mi Chicken Sandwich w/Sauce	
	Monday, May 16, 2022		Tuesday, May 17, 2022		Wednesday, May 18, 2022		Thursday, May 19, 2022		Friday, May 20, 2022	
Week II	Golden Corn Dog w/ Ketchup		Yahya! Boneless Chicken Wings		Meatball Sub w/Mozzarella		Brunch Lunch		Fresh Hot Delivered Pizza	
Hot Meal	CKC Baked Beans Fresh Pears Choice Milk		Honey Mustard Mild Buffalo Dressed Crisp Broccoli Crispy Mini Wafers Banana & Choice Milk		Ranchero Corn Salad Mixed Berry Animal Crackers Peaches Cup Choice Milk		Buttermilk Pancakes, Berries & Syrup Fruited Yogurt Cup Crisp Salad & Dressing Mixed Berry Cup & Choice Milk		Baby Carrots & Ranch Fresh Citrus Fruit Choice Milk	
Hot Veg	BBQ Garden Burger		Creamy Mac & Cheese		Veggie Lasagna Roll		Buttermilk Pancakes & Syrup w/Fruited Yogurt Cup		Fresh Hot Cheese Pizza	
Cold	Wowbutter & Jelly Sandwich		Sesame Chicken Bun		Turkey & Cheese Wrap w/Mayo		CKC Crazy Good Chicken Bun		Asian Chicken Sticky Bun	
	Monday, May 23, 2022		Tuesday, May 24, 2022		Wednesday, May 25, 2022		Thursday, May 26, 2022		Friday, May 27, 2022	
Week III	Youza Chicken Bites Wrap		Good Ole Fashioned Hamburger		Mandarin Orange Chicken		Cheesy Lasagna Roll		BBQ Chicken & Cheddar Chz Sandwich	
Hot Meal	WG Tortilla & Chicken Bites w/ Shred Chz, Lettuce, Chopped Cilantro & CKC Youza Sauce Nacho Chz Doritos w/ Creamy Refried Bean Salsa Dip Fresh Pears & Choice Milk		w/ Pickle Rounds & Ketchup Carrots w/Ranch WG Cool Ranch Doritos Banana & Choice Milk		Steamed Brown Rice Celery & Ranch Peaches Cup Choice Milk		Mixed Spinach Salad & Dressing Mixed Berry Cup Elf Grahams Choice Milk		WG Bun, Ketchup, Cheddar Chz Slice Corn Errifica Crisp Varietal Apple Choice Milk	
Hot Veg	Bean & Cheese Burrito		Veggie Burger		Egg Fried Rice		Veggie Lasagna Roll		Teriyaki Veggie Nuggets	
Cold	Chicken & Cheese Torta Sandwich		Lime Chicken Bun w/Boom Sauce		Banh Mi Chicken Sandwich w/Sauce		Chicken & Cheddar Wrap		Teriyaki Chicken Bun	
	Monday, May 30, 2022		Tuesday, May 31, 2022		Chef Spotlight - Steve Fleming (Inventory Analyst)					
Week IV	No School for Students/Staff in observance of Memorial Day		Mongolian Meatballs		Another Pi(e) that goes on and forever					
Hot Meal			WG Dinner Roll Mashed Potatoes Banana & Animal Crackers Choice Milk		Recently when thinking about buying a pie for holidays, I recalled a pie, that my dad had made when I was a kid, which I hadn't seen since moving to Minnesota 25 years ago. After calling around - and getting a few laughs and comical remarks - I discovered no one had even heard of such a pie at the half-dozen local bakeries I called. I also read this dessert was a favorite of Johnny Cash and decided if it was good enough for the "The Man In Black", then I'd just make my own! I don't recall ever baking a pie before myself, but this recipe was even easy enough for me. This recipe only takes 5, 6, or 7 ingredients, depending on what options you pick. (Note: While this isn't an exact copy, this is pretty close to the online recipes of the "Johnny Cash's Mom's" version.) -Steve					
Hot Veg			Swedish Veggie Patty w/ WG Roll							
Cold			CKC Crazy Good Chicken Bun		Chef Steve Fleming's 'Easy Pineapple Pie' is on Page 2					
<i>Hot Veg and Cold meals are served with vegetables and fruit of the day</i>										

Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruits and milk)

Days	Monday	Tuesday	Wednesday	Thursday	Friday
Deli Salads (Vegetarian choices come with eggs in the place of chicken)	Grilled Chicken Caesar Salad Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing	Grilled Chicken Asian Salad Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Roll added to complete the WG requirement	Grilled Chicken Southwest Taco Salad Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal	Grilled Chicken Bistro Salad Bistros are simple, casual and informal restaurants. Bistro salads carry that essence, with simple but hearty Romaine and Spinach salad, along with Chicken Breast & WG Roll.	Grilled Chicken Power Green Salad Powerful greens like Kale and Spinach raise the bar on this super green salad, with craisins bedazzling the look. Chicken Breast takes protein part, with WG roll for grains.

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

Easy Pineapple Pie (Chef Steve's Recipe)

Ingredients:	Steps:
<p>* 9-inch pie crust (home-made, store-bought or graham Cracker)</p> <p>* 20 oz (or 2 1/4 cups) canned crushed pineapple in pineapple juice (include juice when preparing)</p> <p>* 8 oz regular cream cheese (This was listed as an Optional ingredient, so I decided to use it)</p> <p>* 1/2 cup unrefined sugar</p> <p>* 1/4 tsp salt</p> <p>* 4 tbs cornstarch</p> <p>* 1/2 cup shredded coconut (Another optional ingredient, to add a layer of flavor and texture)</p>	<ol style="list-style-type: none"> 1. If it's not already, place an oven rack in the center of your oven, and preheat to 350 F. 2. While preheating, set pie crust aside, and stir all pie filling ingredients together. 3. Slowly pour pie filling into crust, and smooth it around to the edges. 4. When oven is ready at 350 F, put pie in center of the tray and bake for 35 minutes. 5. After removing from oven, cool pie about 20-30 minutes (filling should thicken a bit). 6. After cooling, slice & serve pie. Or you can also... Serve with Cool Whip or ice cream (vanilla bean or coconut work great), if desired. 7. (If it's not all gone...) a covered and refrigerated pie will stay fresh about 4-days, or freeze immediately to enjoy beyond that timeframe

Menu Info **June 2022 Menu (Subject to Change)**

		Wednesday, June 1, 2022	Thursday, June 2, 2022	Friday, June 3, 2022		
Week IV		Stir Fry Chicken Bowl	Brunch Lunch	Fresh Hot Delivered Pizza		
Hot Meal		Stir Fry Chicken on Top of Rice Crisp Romaine Salad & Dressing Crisp Varietal Apple Choice Milk	French Toast Sticks Berries & Syrup Sliced Cucumbers & Dip Peaches Cup & Choice Milk	Baby Carrots Mixed Berry Cup Choice Milk		
Hot Veg		Cheese Breadsticks w/ Red Sauce	French Toast Sticks & Syrup	Fresh Hot Cheese Pizza		
Cold		Chicken Mozzarella Wrap	Sesame Chicken Bun	Chicken & Cheese Torta Sandwich		
		Monday, June 6, 2022	Tuesday, June 7, 2022	Wednesday, June 8, 2022	Thursday, June 9, 2022	Friday, June 10, 2022
Week V		Mozzarella Burger	Asian Sesame Chicken Wrap	Creamy Mac & Cheese	Chicken & Waffle	Walking Taco
Hot Meal		WG Bakery Bun & Ketchup Sun Chips Cornstastic Salad Fresh Pears & Choice Milk	WG Tortilla, Chicken Bites Asian Slaw Mix Baby Carrots Banana & Choice Milk	Fresh Broccoli & Dip Mixed Berry Cup Vanilla Wafers Choice Milk	Chicken Tenders WG Waffle, Berries w/Syrup Fresh Sliced Cucumbers Peaches Cup & Choice Milk	Nacho Chz Doritos, Seasoned Beef w/ Shredded Chz, Lettuce, Cilantro & Boom Sauce Cheesy Refried Beans Crisp Varietal Apple & Choice Milk
Hot Veg		Mozzarella Veggie Burger	Twisted Cheese Breadsticks	Creamy Mac & Cheese	Waffles w/Syrup & Fruited Yogurt Cup	Cheese Quesadilla
Cold		Roast Turkey on Wheat Bread w/Mayo	Asian Chicken Sticky Bun	Chicken Caesar Wrap	CKC Crazy Good Chicken Bun	Chicken & Cheese Torta Sandwich

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